

# Harvey High School

## To Wisdom We Climb

### Grade 9 HOME LEARNING PLAN

TEACHER	Email	Homeroom	Grade/subjects taught
Mr. D. Fletcher	<a href="mailto:Don.fletcher@nbed.nb.ca">Don.fletcher@nbed.nb.ca</a>		Math 9EFI
Mrs. Henry	<a href="mailto:Ara.henry@nbed.nb.ca">Ara.henry@nbed.nb.ca</a>		9E Social Studies
Mrs. Miller	<a href="mailto:Andrea.miller@nbed.nb.ca">Andrea.miller@nbed.nb.ca</a>		9E PIF, 9 FI PE
Mrs. Dufresne	<a href="mailto:Pamela.Linton-Dufresne@nbed.nb.ca">Pamela.Linton-Dufresne@nbed.nb.ca</a>		English 9
Mr. White	<a href="mailto:David.white@nbed.nb.ca">David.white@nbed.nb.ca</a>	9A	9 FI Social Studies
Mr. Woodworth	<a href="mailto:Kyle.woodworth@nbed.nb.ca">Kyle.woodworth@nbed.nb.ca</a>		Science 9
Mrs. Arsenault	<a href="mailto:catherine.arsenault@nbed.nb.ca">catherine.arsenault@nbed.nb.ca</a>	9B	
Ms. Crawford	<a href="mailto:Catherine.crawford@nbed.nb.ca">Catherine.crawford@nbed.nb.ca</a>		
Mme. Noble	<a href="mailto:Tina.noble@nbed.nb.ca">Tina.noble@nbed.nb.ca</a>		VP
Ms. Parra	<a href="mailto:Julia.parra@nbed.nb.ca">Julia.parra@nbed.nb.ca</a>		Resource
Mrs. Drummond	<a href="mailto:Cynthia.drummond@nbed.nb.ca">Cynthia.drummond@nbed.nb.ca</a>		MS Resource
Ms. Collicott	<a href="mailto:Crysta.collicott@nbed.nb.ca">Crysta.collicott@nbed.nb.ca</a>		Principal
School Email	<a href="mailto:harveyhigh@nbed.nb.ca">harveyhigh@nbed.nb.ca</a>		

### WEEKLY PLAN – April 14-17

Subject	
<b>Literacy</b>	<p>Online Resources:  <a href="https://ca.ixl.com/">https://ca.ixl.com/</a></p> <p><b>English 9 Learning Activity</b> -            Read a Short Story, Article, or News Report</p> <p><b>Time:</b>            Up to 30 Minutes day or until completed</p> <p><b>Instructions:</b>            Students can read a short story, magazine article, or newspaper article (either online or in print) OR watch a news report.            There are lots of short articles at this link:</p>

<http://www.kellygallagher.org/aowarchive>  
And short stories by teens at this link: <https://www.teenink.com/magazine>

**Considerations:**  
As you read, ask yourself these questions:

- How might the public benefit from this published work?
- What types of details do authors and journalists need to consider when sharing their work with the public?

New Brunswick Public Libraries offer many learning experiences and free access to downloadable ebooks. To access this site, you will need your library card number. If you don't have one, get one online <https://www2.gnb.ca/content/gnb/en/departments/nbpl.html>

**FILA:** Students interested in optional activities in French should contact Mr. White ([david.white@nbed.nb.ca](mailto:david.white@nbed.nb.ca)) or check out the Teams site on Office 365.

**Numeracy**

Math 9  
Please see summary on Mr. D. Fletcher's page on the HHS website.  
[Click here for link](#)

Online Resources:  
Khan Academy offers math instruction for all levels of learners, organized by both subject and grade. <https://www.khanacademy.org/math>  
<https://www.aaamath.com/>  
<https://ca.ixl.com/>  
<https://trockstars.com/>

**Science**

This week is going to be an introduction to what would have been our Matter unit. On my teacher page on the school website you will find links to everything you need to complete the following this week ([Click here to go to the website](#)):

- 1) Read the Properties of Matter powerpoint. Use the powerpoint to complete the properties of matter crossword and complete the properties of matter worksheet.
- 2) Read the powerpoint on physical and chemical changes. Use those notes to help you complete the physical and chemical changes worksheet.

Online Resources:

Explore the Earth from Home is a collection of resources to explore weather, climate, air quality, and other earth science topics.  
<https://scied.ucar.edu/help-k-12-students-learn-about-earth-home>

<p><b>Social Studies</b></p>	<p>We are hearing a lot from our politicians right now. But do you know the role of everyone involved. Take some time over the week and sort out who hold the following positions:</p> <p>Prime Minister of Canada:  Member of Parliament (MP) for NB Southwest:  Premier of New Brunswick:  Member of the Legislative Assembly (MLA) for your area:</p> <p>Go here to find your area: <a href="https://www.electionsnb.ca/content/enb/en/maps/PED.html">https://www.electionsnb.ca/content/enb/en/maps/PED.html</a></p> <p>Extension: find out if the MP and MLA are Cabinet Ministers (head of responsibility for a certain aspect of government). If so what are their responsibilities?</p> <p>Online Resources:</p> <p>Newsela provides students with thousands of texts on topics they care about most. <a href="https://newsela.com/">https://newsela.com/</a></p>
<p><b>Life Skills</b></p>	<p>During this time, many of you are turning to social media to stay connected to your friends, family and others. While we are physically distancing, it is important to have social connections, but it equally important that we do them in a safe way.</p> <p>This week, when using social media, consider the following questions:</p> <ul style="list-style-type: none"> <li>• What are the benefits and risks associated with social networking sites?</li> <li>• What are your criteria to determine whether you will communicate with someone on-line?</li> <li>• What are some examples of things people do on-line to draw attention to themselves?</li> <li>• Why is it important to protect pictures/images of yourself when using the internet?</li> </ul> <p>Do you consider yourself a safe social media user? Have you taken risks before that you came to regret?</p> <p>Write a short letter to a pre-teen (aged 10-12) giving them advice on how to safely enter the world of social media. Consider your personal experience, but do not provide specific information about things you have or have not done.</p>
<p><b>Phys. Ed.</b></p>	<p>It is recommended that you do 30 minutes of physical activity per day, but how do you know if the activities you do are effective?</p> <p>In terms of cardiorespiratory fitness (your body’s ability to use oxygen effectively), you can always check by taking your pulse while exercising. Find a stopwatch (most phones have one). Find your pulse and count the number of heartbeats you get in 10 seconds. To be improving your cardiorespiratory fitness, your pulse count should be at least 24. You are working too hard if your pulse count is 31. You can increase or decrease your intensity to get your pulse count into the ideal range 24-31.</p> <p>Activities you can do to increase cardiorespiratory fitness could include:</p> <ul style="list-style-type: none"> <li>• running/walking/hiking/biking/swimming</li> <li>• an online aerobics class</li> <li>• an online Tabata workout</li> <li>• jumping rope (with or without an actual rope)</li> </ul>

- creating an obstacle course in your backyard

You don't necessarily have to work on your cardiorespiratory fitness every day. You can also use your physical activity time to work on improving a skill.

- Throwing and catching a ball
- Basketball shots
- Volleyball skills
- Ball handling skills (dribbling, passing)
- Balance

Don't forget to stretch! It's very important to ensure you do not get hurt when exercising. Also, if your activity takes you out in "the real world", practice safe physical distancing, and obey all traffic regulations!

Offline activities

[https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning\\_at\\_home/QuickStart\\_OfflineActivities\\_High.pdf](https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning_at_home/QuickStart_OfflineActivities_High.pdf)

Online resources

[https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning\\_at\\_home/QuickStart\\_OnlineResources\\_High.pdf](https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning_at_home/QuickStart_OnlineResources_High.pdf)